Confirmed by: Confirmed by:

President of Kaunas swimming federation Arlandas Antanas Juodeška Mayor of Jonava district Municipality Mindaugas Sinkevičius



REGULATIONS

Funding

Project KMM (SRF-SRO-2019-1-0118) has been funded by the finance of Sports sponsorship fund and Kaunas swimming federation.

Aim and tasks

To chose the best swimmers for 10 km swimming "Curonian Lagoon swimming marathon" (July 11, 2020). To promote swimming as the healthiest branch of sport.

To extend the possibilities for people of different age and social class to compete, rest and communicate.

To promote the long distance swimming event in the open waters.

To develop the careful behavior in the open waters.

To determine the best swimmers of mini Grand-prix (Swiss OW 2,3 km marathon, Lampėdžiai OW 2 km marathon and Curonian Lagoon OW 2 km marathon).

To determine the best swimmers of Grand-prix (Swiss OW 5 km marathon, Lampèdžiai OW 4 km marathon and Curonian Lagoon OW 10 km marathon).

Place and time

The date and place

20th of June 2020, Šveicarija pond, Šveicarija village (Kaunas region, Jonava district).

The time:

• 10:00-11:45 – Registration of the participants

Aušros g. 42 a, 3005 Kaunas, Įmonės kodas 293258790, tel. +370 686 19471, el. paštas <u>kpfederacija@gmail.-com</u> atsiskaitomosios sąskaitos numeris LT127300010002257515

- 12:00 The Start (the start time can be specified according to the number of the participants)
- 16:00 The award ceremony of the participants and winners at the tourist farm "Survily sodyba".

Programme:

- 5 km distance qualification swimming for "Curonian Lagoon marathon 2020-07-11"
 (Attention: the time limit 1,5 h).
- 2,3 km marathon Šveicarija berth Nasvyčių manor house -Šveicarija berth.
- 400 m mass and disabled swimming.

Conditions of participation

Participation fee – 15 Eur must be paid via bank **transfer till June 18, 2020** to Kaunas swimming federation, company code 293258790, IBAN LT12 7300 0100 0225 7515; SWIFT code HABALT22.

Participation fee on the day of competition - 20 eur..

The competition is open and individual, all citizens of the Lithuanian Republic and other countries may take part.

Every participant is responsible for his safety and health. Parents or coaches confirm their responsibility upon the health and safety of their children and youth by signing during the registration.

Swimmers are allowed to wear swimming costumes and hydro-costumes according to FINA rules (www.fi-na.org/content/ows).

If the water temperature is below 16° C, the distance is shortened up to 500 m. Due to unfavourable air conditions the marathon can be cancelled and postponed to 27th of July, 2020.

Information about the changes is available on www.kpf.lt, www.klubastakas.lt and www.ltuswimming.lt All the participants of the competition will be supplied with the event attributes and beverages.

Attention: Due to **COVID-19** pandemic the number of the participants could be limited according to the resolutions of the Lithuanian Government. The participants should strictly comply with the security rules: to keep safe distance and rules of personal protection and hygiene. During the registration the temperature of participants will be measured. Those participants and spectators who have symptoms of acute upper respiratory tract disease (fever, cold, cough, sneezing, hard breathing) will not be allowed to attend the competition .

The award ceremony

All the participants of the Swiss swimming marathon will be awarded with certificates, the winners – with diplomas and medals.

The winners of 2,3 km distance of men and women groups will be determined according the age groups:

```
I group – 16 years and younger;

II group – 17-24 years old;

III group – 24-34 years old;

IV group – 35-44 years old;

V group – 45-54 years old;

VI group – 55-64 years old;

VII group – 65-74 years old;

VIII group – 75 years and older.
```

The winners of 5 km distance of men and women groups are determined according to the age groups:

A group – 44 years and younger,

B group -45-59 years old,

C group – 60 years and older

The winners of 400 m distance of mass and disabled swimming will be determined in a common group. The top female and male swimmers in the age group under 24 win the kiteboarding lessons at Kintai kiteboarding club.

The top female and male swimmers in the age group under 25 are to be rewarded with prizes according to the Lithuanian swimming GRAND PRIX regulations.

DERACIJI

Organizers of the competition

The competition is organized by:

- Kaunas swimming federation,
- Jonava district Municipality
- Kaunas swimming club of masters and disabled "Takas"

Patron of the competition - Lithuanian swimming federation

Contact information:

Headman of Šveicarija village - Algirdas Paplonskis mob.: +370 687 42419 Arlandas Juodeška, mob.tel..: +370 686 19471 e.mail.: kpfederacija@gmail.com Andrius Bičkauskas, mob.tel.:+ 370 682 97778 e.mail.: kaunotakas@gmail.com Referee of competition - Jolanta Dulevičienė

Director of competition - Gintautas Bartkus